

# PAOLI PUBLIC SCHOOLS

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## LOCAL WELLNESS

Paoli Public School District is committed to the philosophy that healthy children perform better in school and are therefore more likely than unhealthy children to successfully complete their education. Additionally, healthy staff members can more effectively perform their assigned duties and serve as role models of appropriate wellness behaviors for the students in the district.

Reflecting the philosophy, the following Local Wellness Policy in compliance with the requirements of Public Law 108-265, shall serve as a framework for the students, staff and patrons of the district illustrative of a sound commitment to local health and fitness:

1. It is the goal of Paoli Public School District to provide nutrition education, physical activity and other school based activities designed to promote student wellness. Such activities shall be undertaken in a manner that the Board of Education determines is most appropriate for the students of the District.
2. Guidelines selected by the District for all foods available on campus during the school day shall have the objective of promoting student health and reducing childhood obesity.
3. Guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture pursuant to subsections (a) and (b) of section 10 of the child nutrition Act (42 U.S.C. 1779) and section 9 (f) (1) and 17 (a) of the Richard B Russell National School Lunch Act (42 U.S.C. 1758 (f) (1), 1766 (a), as those regulations and guidance apply to schools.
4. The District shall measure implementation of the Wellness Policy. At least one person within the District shall be responsible for such measurement, ensuring that the District meets the guidelines and objectives of the Wellness Policy.
5. Wellness is an ongoing and dynamic process. As the Wellness Policy is developed and implemented, the District shall involve parents, students, representatives of the school food authority, the school board, school administrators and the public in this process.